



## ADAM ANNUAL CONFERENCE 2025

### DAY 1: FRIDAY, 5 DECEMBER 2025

#### REGISTRATION

8:00 AM

#### OPENING REMARKS

8:40 AM

##### **Ahmed Alissa**

ADAM Academy President & Annual Conference Vice President

##### **Abdullah Alakeel**

President of the Saudi Society of Dermatology and Dermatologic Surgery

##### **Ruaa Alharithy**

ADAM Annual Conference President

##### **Dana Alessa**

ADAM Annual Conference Head of Scientific Committee

#### LASER SCIENCE AND BEYOND: THE FUTURE OF ENERGY BASED THERAPIES

**CHAIRPERSONS:** Ahmed Alissa, Faten Albukhari, Saad Altalhab

9:00-9:15 **From Concept to Clinic: the Science of Lasers in Dermatologic Procedures**  
Ali Alajmi



9:15-9:30 **Lasers in the Treatment of Difficult Wounds and Scars**  
Mohammed Rachid Hamlaoui



9:30-9:45 **Fractional & Surgical Applications of CO2 Laser in Dermatologic Practice**  
Shady Mahmoud



9:45-10:00 **The role of Fractional Pico Technology in Aesthetics**  
Thamer Almubki



10:00-10:05

Q&A

#### ADVANCED THERAPEUTICS & CHALLENGING CASES

**CHAIRPERSONS:** Omar Alshiekh, Khaled Alnuaimi, Mohammed Fatani

10:05-10:20 **Setting the Standard in Atopic Dermatitis Management**  
Abdulhadi Jfri



10:20-10:35 **Cases From the Multidisciplinary Dermatology-Rheumatology Clinic**  
Abrar Qureshi



10:35-10:50 **Pharmacologic Advances in Dermatology: A Year in Review**  
Mohammad Tawara



10:50-10:55

Q&A

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## ADAM ANNUAL CONFERENCE 2025

### DAY 1: FRIDAY, 5 DECEMBER 2025

#### • INNOVATIONS IN INJECTABLES

• **CHAIRPERSONS:** Hani Alshobaili, Nojoud Alajroush, Azhar Ahmed

10:50-11:10 • **New Art of Rejuvenation and Restoration**

Ali Alamri



11:10-11:25 • **Facial Morphology; Perfecting the Art with Fillers and Toxin**

Mohammed Turkmani



11:25-11:40 • **New Era in Natural Beauty: Advanced Techniques in Full Face Rejuvenation**

Ercan Cihandide



11:40-11:45

**Q&A**

11:45-13:15

**PRAYER AND LUNCH BREAK**

#### • THE ART AND SCIENCE OF FACIAL REJUVENATION: TOXINS, FILLERS AND BIOSTIMULATORS

• **CHAIRPERSONS:** Mohammed Alayoubi, Maisa Alfalah, Abdulhadi Jfri

13:15-13:30 • **A New Paradigm in Skin Regeneration and Collagen Stimulation**

Salma Albarqawi



13:30-14:00 • **Adding Regeneration to Shaping-Live Demo**

Omar Fouda



14:00-14:15 • **My Philosophy on Botulinum Toxin Injections for the Upper Face**

Abeer Abdulshakoor



14:15-14:20

**Q&A**

#### • BEYOND THE BREAKOUT: TREATING ACNE AND ITS SEQUELAE

• **CHAIRPERSONS:** Mohammad Alotaibi, Khalid Alattas, Azzam Alkhalifah

14:20-14:35 • **Acne: Break the Vicious Circle**

Maleha Saad



14:35-14:50 • **Adapalene/BPO: Redefining First-line Acne Care**

Sameer Zimmo



14:50-15:05 • **Managing Acne and it's Aftermath; Topical Solutions That Work!**

Dana Alessa



15:05-15:20 • **My Protocol for Rosacea**

Fahad Almutawa



15:20-15:25

**Q&A**

15:25-15:40

**PRAYER AND COFFEE BREAK**

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## ADAM ANNUAL CONFERENCE 2025

DAY 1: FRIDAY, 5 DECEMBER 2025

### ● SHARM DERM

● **CHAIRPERSONS** : Assem Farag, Shady Mahmoud, Rehab Hegazy

- 15:40-15:44 ● **Introduction**  
Assem Farag 
- 15:44-15:56 ● **Jak Inhibitors: Cases from my Experience**  
Assem Farag 
- 15:56-16:08 ● **Painting Away Red: Vascular Specific Lasers in Dermatology**  
Shady Mahmoud 
- 16:08-16:20 ● **Beyond the Label: Exploring Off-Label Drug Use in Dermatologic Practice**  
Rehab Hegazy 
- 16:20-16:32 ● **Herpes Zoster: Current Evidence and Clinical Updates**  
Hany Abo Elwafa 
- 16:32-16:44 ● **Fungal Infections Today: Rising Resistance, Smarter Treatment**  
Waleed Elbalat 
- 16:44-16:56 ● **Sculpting the Brow: Functional Toxin Injection Mapping**  
Nevine Dorgham 
- 16:56-17:08 ● **Safe Injection Strategies: Avoiding & Handling Adverse Events**  
Amin Sharobim 
- 17:08-17:20 ● **Refining the Jawline: Combined Approach Techniques**  
Motaz Nosseir 

17:20-17:30

Q&A

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# ADAM ANNUAL CONFERENCE 2025

## DAY 1: WORKSHOP ROOM 1, 5 DECEMBER 2025

### MY PHILOSOPHY ON NABOTA INJECTIONS FOR THE UPPER FACE

10:00AM-11:00AM



**Abeer Abdulshakoor**

#### OBJECTIVES

To outline an evidence-based approach to NABOTA use in the upper face, focusing on anatomical accuracy, neuromuscular behavior, and toxin pharmacodynamics to achieve predictable, natural results while minimizing adverse effects.

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### FACE CONTOUR AND REJUVENATION (HYALUAL & KYSENSE)

11:15AM-12:00PM



**Salma Albarqawi**

#### OBJECTIVES

Understand the scientific rationale behind combining Hyalual with Kysense dermal filler for enhanced skin quality and volumization. Learn safe and effective mixing protocols, dilution ratios, and compatibility considerations for both products. Master targeted injection techniques for delicate areas such as under-eye, perioral lines, and fine-detail contouring. Evaluate clinical cases demonstrating improved aesthetic outcomes using the Hyalual-Kysense combination approach. Identify contraindications, risk factors, and best practices to ensure safe, predictable, and natural-looking results.

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### REVERSA: COLLAGEN STIMULATION AND MORE

1:45AM-2:15AM



**Salma Albarqawi**

#### OBJECTIVES

Enhance the knowledge of Hybrid Biostimulator PLLA technology  
Optimize clinical outcomes with multilayering treatment using Reversa  
Improve treatment outcomes with Reversa Hybrid Biostimulator

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# ADAM ANNUAL CONFERENCE 2025

## DAY 1: WORKSHOP ROOM 1, 5 DECEMBER 2025

### DEEP & SUPERFICIAL SKIN REMODELING - ULTRA + GENIUS COMBINATION

2:30PM-3:30PM



**Wael Hussam**

#### OBJECTIVES

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- Understand the principles of RF microneedling and ultrasound skin remodeling.
- Identify patient indications for combination therapy.
- Learn optimal parameters and techniques for effective outcomes.
- Review post-treatment care and complication management

### PSYCHODERMATOLOGY & EMOTIONAL INTELLIGENCE IN CLINICAL PRACTICE: THE IMPACT OF EMOTIONS ON SKIN HEALTH AND OVERALL WELL-BEING

3:45PM-4:45PM



**Mohammed Benmehdi**

#### OBJECTIVES

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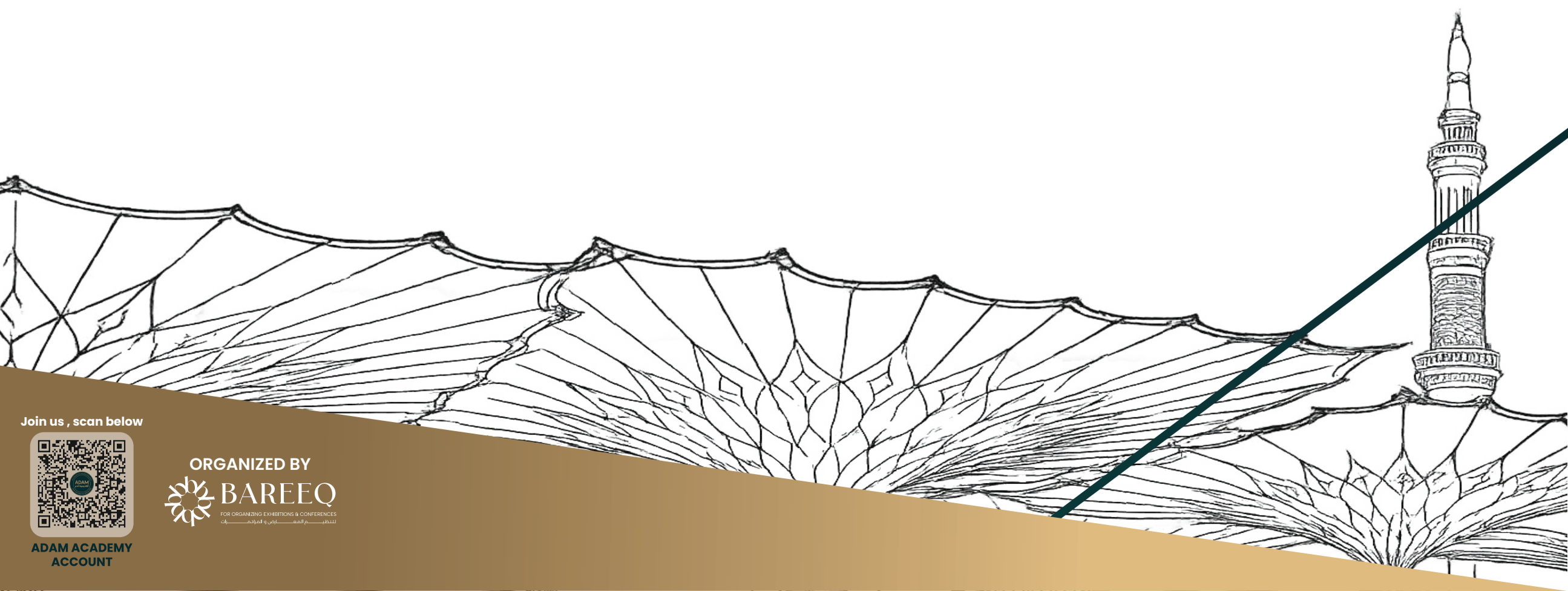


- Emotional intelligence for medical staff
- Practical stress and anxiety release technique
- Interactive activities and tools for immediate clinical application

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# ADAM ANNUAL CONFERENCE 2025

## DAY 1: WORKSHOP ROOM 2, 5 DECEMBER 2025

### FACIAL HARMONY: CRAFTING NATURAL RESULTS WITH FILLERS

10:00AM-10:45AM



**Nevine Dorgham**

#### OBJECTIVES

Understand the scientific properties of Elasty filler, including PNET technology and its advantages in Dermal area injections.

Learn proper patient selection and treatment planning for facial and intimate-area rejuvenation using Elasty.

Master safe and advanced injection techniques tailored to Elasty's rheology and tissue integration profile.

Evaluate clinical cases to recognize optimal indications, expected outcomes, and result longevity with Elasty filler.

Identify contraindications, safety measures, and complication-management protocols to ensure effective and predictable treatments.

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### COLLAGEN AS CURRENCY: INVESTING IN THE FUTURE WITH AESPLLA

11:00AM-11:30AM



**Marwa Elzin**

#### OBJECTIVES

To explain the biological mechanisms and scientific rationale of combining polylactic acid (PLA) with PDRN for enhanced biostimulation and tissue regeneration

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### BEYOND WRINKLES: THE ART OF INDIVIDUALIZED DYSPORT TREATMENTS

1:30PM-2:30PM



**Mohammed Kashmar**

#### OBJECTIVES

The primary objective is the delivery of comprehensive and rigorous instruction to Healthcare Professionals (HCPs) on evidence-based, product-specific dosing protocols and standardized reconstitution methodologies across all approved aesthetic indications. This mandate includes providing in-depth understanding of surface anatomy, precise target muscle localization, and advanced injection techniques to maximize therapeutic precision and effectively mitigate unintended toxin diffusion.

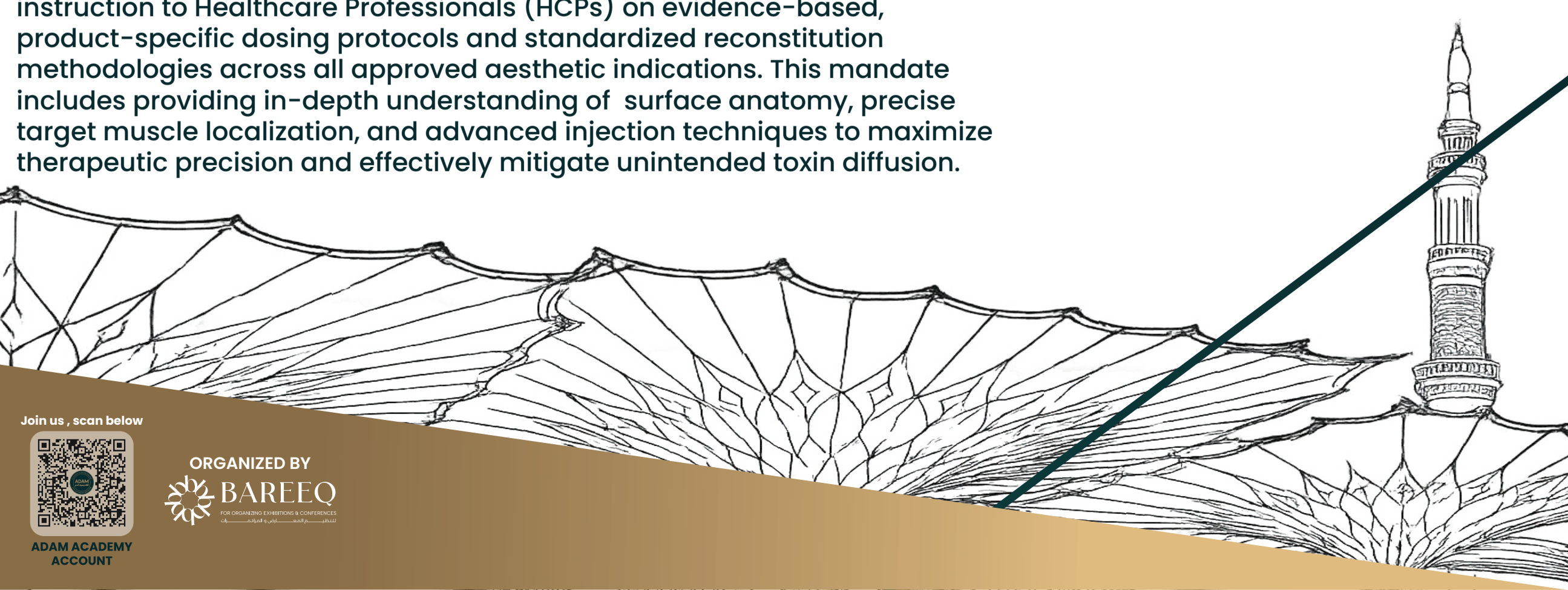
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## ADAM ANNUAL CONFERENCE 2025

### DAY 1: WORKSHOP ROOM 2, 5 DECEMBER 2025

#### HYBRID TECHNIQUE WITH SFERA

2:45PM-3:15PM



**Ercan Cihanide**

#### OBJECTIVES

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To train participants on the latest advanced Sfera injection methods for achieving precise, natural, and safe aesthetic outcomes.

#### LASER HAIR REMOVAL COURSE

3:30PM-5:30PM



**Ahmed Alissa**



**Mohammed Soliman**

#### OBJECTIVES

- Understand the basic principles of laser physics, safety, and skin laser interaction relevant to hair removal.
- Identify different skin types and hair characteristics to ensure safe and effective treatments.
- Recognize potential side effects/complications and appropriate management strategies.
- Understand AI's role in enhancing laser hair removal.
- Evaluate the benefits of dual-wavelength technology for different skin types. Perform hands-on procedures following best-practice safety standards.

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## ADAM ANNUAL CONFERENCE 2025

DAY 2: SATURDAY, 6 DECEMBER 2025

### NEXT LEVEL INJECTABLES: ENHANCING RESULTS WITH SCIENCE DRIVEN TECHNIQUES

**CHAIRPERSONS:** Abdulaziz Alnoشان, Wael Aljuhani

9:00-9:15

**Abobotulinum Neurotoxin; Science, Art and Precision**  
Salma Albarqawi



9:15-9:45

**Symmetry & Contouring; Rejuvenate, Define and Inject-Live Demo**  
Hani Halawani



9:45-9:50

Q&A

### UPDATES IN MEDICAL DERMATOLOGY

**CHAIRPERSONS:** Yasser Alsheikh, Assaf Alharbi, Osama Alsharif

9:50-10:05

**Cracked Barriers; How Ceramides Shape Atopic Skin**  
Bader Zimmo



10:05-10:20

**Latest Updates on Vitiligo Treatments**  
Khaled Ezzedine



10:20-10:35

**The Enigma of Dry Skin**  
Assem Farag



10:35-10:50

**Photoprotection at a Glance**  
Shirin Alkhilafi



10:50-10:55

Q&A

### THE BUSINESS AND ETHICS IN DERMATOLOGY PRACTICE

**CHAIRPERSONS:** Naif Alnomair, Ruaa Alharithy, Mohammed Alkhowailed

10:55-11:10

**Building a Sustainable Dermatology Practice**  
Fatima Alshehri



11:10-11:25

**Medicolegal Pitfalls: Protecting Yourself and Your Practice**  
Maysa Eshmawi



11:25-11:30

Q&A

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## ADAM ANNUAL CONFERENCE 2025

DAY 2: SATURDAY, 6 DECEMBER 2025

### HAIR DISORDERS: FROM DIAGNOSIS TO REGENERATION

**CHAIRPERSONS:** Afaf Alsheikh, Thamer Almubki, Najla Aldawsari

11:30-11:45 ● **Trichoscopy Made Simple: Key Clues and Tips to Start Today**  
Abdullah Almuqrin



11:45-12:00 ● **Restoring the Anagen-Telogen Balance: Regenerative Approaches in Telogen Effluvium**  
Shadi Zari



12:00-12:15 ● **New Hair Disorder; Cases from my Clinic**  
Assem Farag



12:15-12:20

Q&A

12:20-13:30

PRAYER AND LUNCH BREAK

### INJECTABLE MASTERY: BIOSTIMULATORS, BOOSTERS AND BEYOND

**CHAIRPERSONS:** Mohammed Alsisi, Motaz Nosseir, Azhar Alali

13:30-13:45 ● **Collagen as Currency: Investing in the Future with PLLA**  
Marwa Elzin



13:45-14:00 ● **The Magic Combination of Biostimulators and Skinboosters: Bionic Resource of Beauty**  
Wael Seuody



14:00-14:15 ● **Holistic Approach in Hand Rejuvenation**  
Naif Alnomair



14:15-14:20

Q&A

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## ADAM ANNUAL CONFERENCE 2025

DAY 2: SATURDAY, 6 DECEMBER 2025

### ● THE FUTURE OF DRUG DISCOVERY

● **CHAIRPERSONS:** Abrar Qureshi, Ahmed Alissa, Ruaa Alharithy, Dana Alessa

14:20-14:25 ● **Welcome & Opening Remarks**

Abrar Qureshi



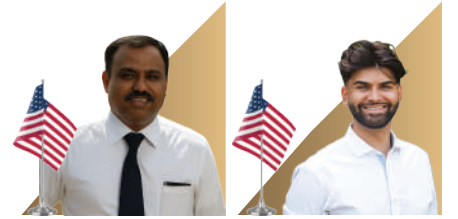
14:25-14:40 ● **Where We're Headed in Drug Discovery**

Lilya Ziad



14:40-15:00 ● **Data, AI, and the New Infrastructure of Drug Discovery**

Mehamood Hosein - Daanish Qureshi



15:00-15:15 ● **Cells as Drugs-Applying the Concept of Innovation and Orchestration in Translating Cellular Therapies into Patients**

Khalid Shah



15:15-15:30 ● **Bringing Pipeline Discoveries to Patients-Finding the Ideal Patient for the Ideal Drug**

Youssef Farag



15:30-15:45 ● **Education and Engagement of Health Care Professionals**

Osama Hashmi



15:45-16:00

**PANEL DISCUSSION AND Q&A**

16:00-16:15

**PRAYER AND COFFEE BREAK**

● **فن الاقناع في بيئة العمل والخدمات الصحية**

16:15-17:15 ● **كيف تبني ثقة مهنية بعيداً عن التلاعب**

صياغة رسالة مقنعة وسهلة القبول

أساليب الإقناع الحديثة في القطاع الصحي

Faisal Alhadab



17:15

**CLOSING REMARKS**

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## ADAM ANNUAL CONFERENCE 2025

### DAY 2: WORKSHOP ROOM 1, 5 DECEMBER 2025

#### FACIAL RESTORATION & BIOSTIMULATION WITH RESTORA

11:15AM-11:45AM



**Ali Almari**

#### OBJECTIVES

- To equip practitioners with an advanced understanding of Restora's science.
- To train them on innovative mixing techniques and biostimulation protocols that enhance treatment effectiveness, safety, and clinical outcomes.

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#### A LIPOGRAFTING TECHNIQUE FOR HAIR LOSS

1:30PM-2:00PM



**Abdullah Almuqrin**

#### OBJECTIVES

- Enhance clinical understanding of Milligraft's mechanism of action, tissue regeneration principles, and its role in advanced aesthetic dermatology.
- Demonstrate proper techniques for preparation, injection protocols, and optimal patient selection for Milligraft treatments.
- Review clinical evidence supporting Milligraft outcomes—including skin quality improvement, collagen stimulation, and healing acceleration.
- Improve practitioner confidence through hands-on training and case-based discussions.
- Highlight safety guidelines and how to manage patient expectations and post-treatment care

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#### PRF ROLE IN REGENERATIVE AESTHETICS - ARTHREX

2:15PM-3:15PM



**Thamer Almubki**

#### OBJECTIVES

- Understand the biological properties and clinical advantages of PRF.
- Demonstrate proper PRF preparation techniques.
- Identify aesthetic indications suitable for PRF therapy.
- Integrate PRF into treatment protocols safely and effectively.

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#### DIAMOND SHINE WITH REVOK50

3:30PM-4:00PM



**Wael Seuody**

#### OBJECTIVES

- Educate attendees on Revok50's unique formulation and scientific benefits, highlighting how it delivers superior skin rejuvenation and visible radiance.
- Demonstrate proper techniques for integrating Revok50 into clinical practice, ensuring safe application and optimal results for diverse patient needs.
- Empower practitioners with confidence to recommend Revok50, by showcasing real-case outcomes, best-practice protocols, and key differentiating value points.

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